



INFORMATION PACKAGE

GW Japanese Jawline Slimming & Sculpting

The GW Japanese Jawline Slimming and Sculpting is a unique, all-natural facial treatment designed to release, lift, reshape, and sculpt the cheeks and jowls. The highly effective, powerful techniques can be included in any massage/beauty regime. The 60-minute treatment provides instant results with improved beauty, health, and well-being. Sufferers of jaw clenching, bruxism, lockjaw, and tight, swollen, inflamed jaws will experience much-needed relief from pain, inflammation and swelling.

Our training course delivers a highly effective combination of Japanese facial massage, jaw release, and sculpting techniques alongside Facial Reflexology. The techniques taught range from simple to advanced complexity. The class is two days of hands-on practical learning in a small group. Training notes are provided for all techniques taught in class. The GW Skincare range is used during class, and students can purchase products at special discounted prices during the training course. For optimal results, GW Skincare products are highly recommended, but they are not compulsory.

Who is this Training for?

The GW Japanese Jawline Slimming & Sculpting Master Class is a comprehensive training course for beginners and experienced practitioners, including massage therapists, physiotherapists, reflexologists, and natural therapists. The course is available exclusively as a two-day in-person training program.

What are the benefits?

The masseter muscles in the jaw are the strongest in the human body. They play a crucial role in mastication, aiding in chewing various foods, including steaks, nuts, and celery sticks. Daily eating and talking can lead to the tightening of the masseter muscles, causing inflammation, pain, discomfort, and swelling. Additionally, stress, anxiety, and tension can exacerbate these issues by causing individuals to clench their jaw muscles. Bruxism, or teeth grinding, further contributes to muscular damage, dental problems, and increased pain and inflammation.

Swollen and tight masseter muscles can result in a square, masculine appearance of the face, as the muscles sag and droop, pulling down surrounding tissues and becoming locked. Releasing these tightened muscles, clearing excess fluid and waste, and reshaping the lower facial area can significantly enhance the health and aesthetic of the muscles and the overall appearance of the face.

This process improves circulation, nerve supply, lymphatic flow, and oxygen delivery to the muscles, thereby increasing nutrient supply. A slimmer, more toned, and lifted appearance around the neck, jowls, and jawline becomes immediately visible. Lymphatic drainage helps remove toxins, lymph, and fluid from stagnant muscles, further enhancing the health and appearance of the face. Clients experience immediate relief from pain, swelling, and inflammation.

Japanese facial massage, jaw release and sculpting techniques, and Facial Reflexology work together to achieve these remarkable results. This treatment is particularly beneficial for

clearing out stagnation and excess fluid around the jawline & jowls. It is also effective in helping clear filler/Botox residue, toxins and puffiness.

Training Agenda

Students sign in at the training premises and receive their learning materials and printouts. Following the general introduction, new Students can sign up for the GW Membership offered through the GW Resource Library subscription process with the Trainer's guidance.

Students are introduced to GW Skincare range and will perform a simple cleanse and skin preparation with serum, oils and creams. Students then learn each technique and practice on one another under the guidance of the Trainer.

The GW Japanese jawline sculpting and slimming techniques taught in the course will enable the student to provide a complete one-hour treatment for clients.

The techniques can be used in a one-hour stand-alone treatment or in conjunction with other treatments.

This popular, beneficial treatment will transform the health and appearance of the face's jaw, neck and jowl areas.

Students will practice on each other in rotation to gain experience working with various types of faces, bone structures, and skin types. During the course, repetition of the techniques ensures that Students will become competent in applying the techniques.

Certification Process and Quality Control

Upon completing the course successfully, students will receive the numbered GW Japanese Jawline Sculpting and Slimming Certificate to display on their clinic wall.

The Certificate will entitle the Students to incorporate the techniques into an existing treatment or as a new treatment.

Membership

For quality control purposes, to protect the authenticity and integrity of the GW Facial Therapy® treatments, therapists wishing to be recognised as GW Facial Therapists and to advertise the GW Japanese Jawline Slimming & Sculpting treatment must hold an active GW Membership/ subscription to the GW Resource Library for reference purposes.

For more details, please check the GW Terms and Conditions and the Q&A section on the GW Facial Therapy® website.

How to Enrol

Several GW Japanese Jawline Slimming & Sculpting Master Classes will be held each year. Please note that these intensive classes are strictly limited to a maximum of 4 students. Full payment during enrollment is required. Information regarding what to wear and bring and further details will be emailed to enrolled students in due course before the training.

Expressions of interest can be submitted on the website for future courses.

Priority will be given to students who have registered their interest.

